Best of Nashville Field Guide

2023







The Southbound Group

M: 615.587.6722 O: 615.475.5616 SouthboundGroup.com Whether you have been in Nashville forever or recently moved here, we all love to find new places around the city.

Consider this your 2023 Nashville Field Guide to all the best eateries, shopping, outdoors, a few icons and some secret spots too.

> Cheers! -The Southbound Group







Coffee Shops

- Crema
- Barista Parlor
- The Well
- Stay Golden
- Fido
- Frothy Monkey

Breakfast

- Yeast Nashville
- Fox's Donut Den
- Nashville Jam Co.
- Cafe Roze
- Crieve Hall Bagel
- Sun Diner
- East Park Donuts
- Puffy Muffin
- First Watch

- Portland Brew
- Dose
- Mama's Java Cafe
- E+Rose
- Red Bicycle
- Sam and Zoe'

- Loveless Cafe
- Proper Bagel
 - Buttermilk Ranch
 - Fenwicks
 - Five Daughters
 - Maple Street Biscuit
 - Ladybird Taco





Fun Lunches

- Pinewood Social
- Bar Taco
- Hunter's Station
- Fifth and Broadway
- Blanco
- Roze Pony
- Greenery Co.
- Pancho and Lefty's
- True Food Kitchen
- The Food Co.
- RH Cafe
- Butcher and Bee
- Little Hats Italian Market



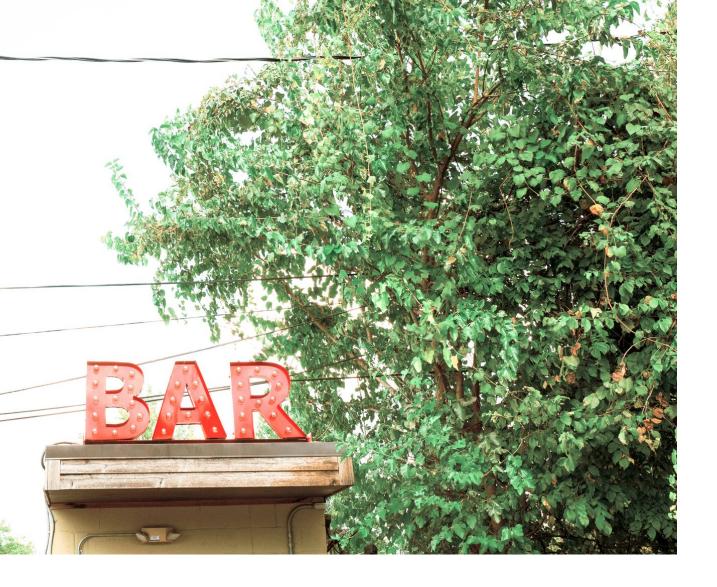
Tacos, Queso & Margaritas

- Mas Tacos
- Saint Anejo
- Rosepepper
- Taco Mamacita
- Blanca
- Pancho and Lefty's
- El Fuego

- Cinco De Mayo
- Casa Vieja
- Mestizo's
- Tito's
- Mojo's Tacos
- Las Palmas
- Superica

Sushi and Sake

- Maru
- O-Ku
- Virago
- Blue Sushi Sake Grill
- Wild Ginger
- Nomzilla
- Yuno
- Samurai





Sunny Patios, Rooftop Bars & Outdoor Dining

Patios and Outdoor Dining:

- Von Elrod's*
- Bringle's Smoking Oasis*
- M.L. Rose*
- Martin's BBQ*
- Urban Cowboy
- East Nashville Beer Works*
- Diskin Cider*
- Edley's
- Mill Creek Brewing Co.
- Tailgate Brewery

Rooftop Bars:

- Rare Bird*
- Famous Nashville
- Bobby Hotel
- L.A. Jackson
- Ellington's
- The Pool Club at Virgin Hotel
- Tootsie's Orchid Lounge
- Ole Red
- Noelle



The Icons 20+ Years in Business

- Loveless Cafe
- Pancake Pantry
- Bobbie's Dairy Dip
- Elliston Place Soda Shop
- Prince's Hot Chicken
- Midtown Cafe
- McCabe Pub
- Brown's Diner
- Jimmy Kelly's
- Sperry's
- Hermitage Cafe
- Bricktop's
- Siam Cafe
- Sambuca
- Maggiano's Little Italy
- Monell's
- Mere Bulles
- Jimmy Kelly's

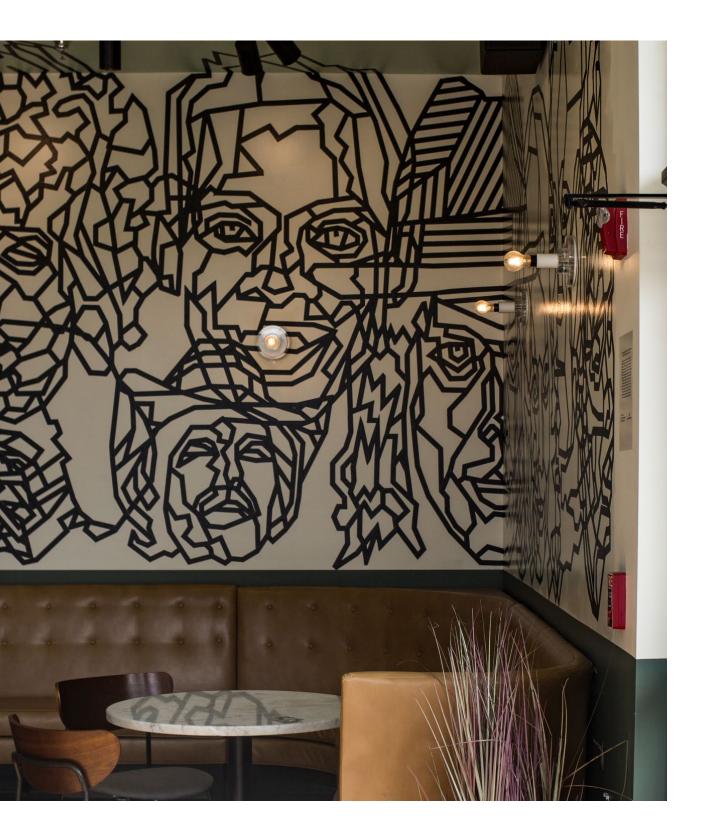






Only in Nashville One of a Kind Experiences

- Ryman Auditorium
- The Cat Bird Seat
- House of Cards
- National Museum of African American Music
- Johnny Cash Museum
- The Bluebird Cafe
- Hatch Show Print
- Santa's Pub
- The Parthenon
- Cheekwood Gardens
- Third Man Records
- Printer's Alley
- Grand Ole Opry House
- Cross-Eyed Critters Watering Hole
- Lower Broadway
- Lane Auto Museum
- Belle Meade Plantation



Amazing Nashville Dinners

- Kayne Prime
- Bourbon Steak
- Eddie V's
- Folk
- 5th and Taylor
- The Optimist
- Etch
- Rolf and Daughters
- Husk
- Carne Mare
- Butchertown Hall
- Jeff Ruby's
- Marsh House
- Sunda
- The River House
- The Twelve Thirty Club
- Lockeland Table



Best Place to take a Group

- The Southern
- Maggiano's
- Puckett's
- The 404 Kitchen
- Yolan
- Sunda
- Moto
- City House
- Bucher and Bee
- Marsh House
- Char
- Adele's
- STK
- Barcelona Wine Bar





Girls Trip

Self Care

- Pure Sweat and Float
- Drip Nashville
- Salts and Soles
- Escape Day Spa
- Mokara Spa at The Omni
- O.Liv Body Bar
- Drybar

Restaurants and Bars

- Hampton Social
- White Limozeen
- Sixty Vines
- Culture and Co.
- Miranda Lambert's Casa Rosa
- The Co-Op
- Urban Cowboy

Experiences

- Lip Lab
- Stoney Clover
- Rustler Hat Co.
- Paddy Wax Candle Bar
- Sew Nashville
- Braid Babes
- Mural Tour
- Nash Trash Tours
- Arrington Vineyards
- Equine Social Nashville





A Day with the Boys

Experiences

- Top Golf
- Sounds Baseball Game
- Pins Mechanical
- Game Terminal
- Bad Axe Throwing
- Music City Indoor Carting
- Preds Game
- Titans Game
- Hermitage Golf Course
- Cosair
- Nashville Armory
- Jack Daniel's Distillery

Restaurants and Bars

- HiFi Clyde's
- Acme
- Jack Brown's
- Honky Tonk Central
- Burger Republic
- The Pub
- Urban Grub
- Five Point's Pizza
- Diskin Cider
- Jackalope Brewery
- Corner Pub Downtown
- Barstool Sports



Best Places to Visit with Kids

Restaurants

- The Row
- The Pfunky Griddle
- BoomBozz
- Hugh Baby's
- TailGate Brewery
- Nicky's Coal Fired
- The Pharmacy
- Grilled Cheeserie
- Jasper's
- Wanna Spoon Ceral Bar

Activities

- Adventure Science Center
- TN State Museum
- Country Music Hall of Fame
- The Escape Game
- Soundwaves
- Nashville Zoo
- Downtown Library
- Tree Top Adventures
- Nashville Shores
- Brentwood Skate
- We Rock The Spectrum
- Cheekwood
- Shelby Bottoms Nature Center





Shopping, Home Goods & Decor

Shopping

- Green Hills Mall
- Cool Springs Galleria
- The Gulch
- 12th South
- Fifth and Broadway
- Opry Mills Outlet
- The Hill Center
- Fatherland District
- Downtown Franklin

Home Goods & Decor

- White's Mercantile
- Bliss Home
- Southeastern Salvage Home Emporium
- Nadeau
- Welcome Home
- Sara Sells
- Head Springs Depot
- The Wreath Stand
- Color
- Gas Lamp Antiques
- Stock and Trade





Sweets and Treats

- The Cupcake Collection
- Legendairy Milkshake Bar
- The Ice Cream Bar
- Jeni's Ice Cream
- Koko's Plant Based Ice Cream
- Hattie Jane's Creamery
- The Baked Bear
- Baked on 8th
- Pink Door Cookies
- Five Daughters
- Spoon
- Sunflower Bakehouse
- The Buttermilk Ranch
- Donut Distillery
- Puffy Muffin
- Hi-Fi Donuts
- Savannah's Candy Kitchen
- Christie Cookies



The Great Outdoors

- Radnor Lake
- Centennial Park
- Edwin Warner Park
- Percy Warner Park
- Percy Priest Lake
- Old Hickory Lake
- Paddle Up Nashville
- Shelby Bottoms Greenway
- Canoe on the Harpeth River
- Cedars of Lebanon
- Natchez Trace Parkway
- Cummins Falls
- Greeter Falls
- Smith Park
- Crockett Park

Enjoy



